## Thank you for supporting Food Bank of Central New York.

We suggest the following preferred items:

- canned tuna
- canned beans/legumes
- dried beans/legumes
- peanut butter
- dinner "mixes"
- pasta-rice-grains

• oatmeal

cereals

- soups and stews
- canned/dried fruits
- canned vegetables

Thank you for helping to feed hungry individuals and families with your donation.

