

# FOOD Sense

A MONTHLY FOOD  
CO-OP FOR EVERYONE



June 2024 Newsletter

**\* PLEASE NOTE:** For order deadlines and pick-up dates, please contact your participating host site.

## HOW TO ORDER A PACKAGE:

### To pay with credit or debit card:

1. Visit [foodsense.foodbankcny.org](https://foodsense.foodbankcny.org) and select your participating pick-up site.
2. Select the items you would like to purchase.
3. Pay with credit or debit card!

### To pay with cash or EBT:

1. Call (800) 444-1562 or use our Food Finder tool at [fbcny.org/findfood](https://fbcny.org/findfood) to find a Food \$en\$e site near you.
2. Contact your local site coordinator to order and pre-pay with cash or EBT payment.



### ORDER ONLINE:

[foodsense.foodbankcny.org](https://foodsense.foodbankcny.org)

A program of:



## JUNE PACKAGE (\$20.50)

Pork Tenderloin, 1.8 oz. (avg.)  
Boneless Chicken Breasts, 1 lb.  
Ground Beef, 1 lb.  
Pollock Fillets, 1 lb.  
Bologna, 1 lb.  
Cheddar Cheese, 8 oz.  
Taco Kit, 11.4 oz.  
Rice, 1 lb.  
Mandarin Oranges, 11 oz.  
Green Beans, 14.5 oz.  
Fresh Carrots, 1 lb.  
Grape Tomatoes, 1 pint

## JULY PACKAGE (\$20.50)

Chicken Drumsticks, 3.5 lbs. (avg.)  
Kielbasa Sausage, 13 oz.  
Marinated Beef Portions, 1 lb.  
Ground Turkey, 1 lb.  
Fish Sticks, 1 lb.  
Mini Ravioli, 13 oz.  
Macaroni & Cheese, 7.25 oz.  
Mashed Potatoes, 4 oz.  
Peaches, 15 oz.  
Broccoli Florets, 12 oz.  
Produce #1  
Produce #2

## JULY SPECIALS:

- **Chicken Tenderloins, 3 lbs. for \$7.50** - The chicken tenderloins are individually quick frozen in a resealable bag.
- **Pork Ribs, 2 lb. for \$9.50** - The pork ribs are fully cooked and are in traditional bbq sauce.
- **French Fries, 5 lbs. for \$6.00** - The French Fries are ready to cook and can be used in the oven or air-fryer.
- **Beef Burgers, 2 lbs. for \$8.50** - The Beef Patties are 100% all-beef, with each special including eight 1/4-pound patties.
- **American Cheese, 5 lbs. for \$12.50** - The sliced American cheese is not individually wrapped.
- **Shrimp Scampi, 24 oz. for \$6.00** - The shrimp scampi is a complete meal with shrimp, linguini pasta, and vegetables in a creamy garlic sauce.



## SIGN UP FOR OUR E-NEWSLETTER FOR EXCLUSIVE RECIPES!

To learn more or find a site near you, visit [fbcny.org/fs](https://fbcny.org/fs) or call (800) 444-1562.

## Pork Tenderloin Tacos

Serves 4

### Ingredients:

- 1 pork tenderloin\*
- 2 tablespoons olive oil
- 1 teaspoon chili powder
- 1 teaspoon garlic powder
- Salt and pepper to taste
- 8 small tortillas
- 1 cup shredded lettuce
- 1 cup diced tomatoes
- 1/2 cup diced onions
- 1/2 cup cheddar cheese\*
- Lime wedges for serving



### Directions:

1. Preheat the oven to 400°F.
2. In a small bowl, mix the olive oil, chili powder, garlic powder, salt, and pepper.
3. Rub the spice mixture all over the pork tenderloin.
4. Place the tenderloin on a baking sheet and roast for 20-25 minutes, or until it reaches an internal temperature of 145°F.
5. Let the tenderloin rest for 5 minutes before slicing thinly.
6. Warm the tortillas in a skillet or microwave.
7. Assemble the tacos by placing slices of pork tenderloin on each tortilla, then topping with shredded lettuce, diced tomatoes, diced onions, and cheddar cheese.



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