

## Vegetable Conversion Chart

Vegetable	Pack unit	Weight in Pounds
Asparagus	Bushel	24
	Bunch	1 ½ to 2
Beans (snap, lima)	Bushel	28 to 30
	Peck	8
Beets (topped)	Bushel	52
	Bunch	2 (with leaves)
Broccoli	Bushel	23 to 25
	Bunch or Heads	1 to 1 ½
Brussels Sprouts	Carton, loose pack	25
	Quart	1 ½
	Stalk	5 to 6 (2 to 3 lbs. of Brussels Sprouts)
Cabbage	Flat Crate (1 ¾ bushels)	53 to 60
	Carton	53
	Per Head (average)	2 to 6
Carrots (topped)	Bushel	50
	Carton (2 dozen bunches)	23 to 27
	Bunch	1
Cauliflower	Carton (12 to 16 trimmed heads)	18 to 24
	Per Head (average)	1 to 1 ½
Corn (sweet, in husk)	Bushel	70
	Carton	50
	Dozen	6 to 8
	Ear	⅓ to ½
Cucumbers	Bushel	48 to 50
	Peck	12 to 13
	Each	½
Eggplant	Bushel	33 to 35
	Each (average)	2 ¼
Garlic	Head	1 to 2 oz. (16 oz. per lb.)
Grape Tomatoes	Pint	11 oz.
Greens (spinach, turnip mustard, kale)	Bushel	18 to 20
	Bunch/Bag	1 to 1 ½
Okra	Tall Bushel/Hamper	26 to 30
	12 qt. basket	15 to 18
	Quart	1 ¼ to 1 ½
Onions	Bags	2, 5, 10, 25 or 50
	Bushel	57
	48-Bunches (green onions)	15 to 18

		Bunch (green onions)	$\frac{1}{3}$	
Peas	Unshelled English Peas	Bushel	28 to 30	
		Peck	7 to 8	
	Edible Pod Peas	Bushel	32 to 40	
		Peck	8 to 10	
		Quart	1 to 1 $\frac{1}{2}$	
Peppers (large: 80 to 85 peppers per bushel small: 110 per bushel)		Bushel	25 to 30	
		Peck	6 $\frac{1}{4}$ to 7 $\frac{1}{2}$	
		Carton	16 to 25	
Potatoes		Sack	100	
		Bushel	60	
		Peck	15	
		Bags-varying sizes	5 or 10	
Pumpkins	Pie Pumpkins	Each	4 to 8	
	Large Pumpkins	Each	5 to 15	
Radishes		Bunch	$\frac{1}{2}$ to $\frac{3}{4}$	
		Carton of 6 oz. bags	12	
Rhubarb		Bunch	2 to 2 $\frac{1}{2}$	
Rutabaga		Bushel	56	
		Peck	15	
		Each (average)	1 $\frac{1}{2}$	
Spaghetti Squash		Each	2 to 5 (may be more)	
Summer Squash (zucchini, yellow squash)		Bushel	40 to 44	
		8 qt. Basket		10
		Each	Small (6 inches)	$\frac{1}{4}$ to $\frac{1}{2}$
			Medium (9 inches)	$\frac{1}{2}$ to 1 $\frac{1}{2}$
	Large (larger than 9 inches)	1 $\frac{1}{2}$ to 3		
Winter Squash popular varieties	Acorn	Each (average)	1 $\frac{1}{2}$ to 2	
	Butternut	Each (average)	2 to 5	
	Hubbard	Each (average)	4 to 7	
	Sweet Potato/Delicata	Each (average)	1 to 1 $\frac{1}{4}$	
Sweet Potatoes		Bushel	50	
		Peck	12 to 13	
Tomatoes	Roma/Plum	Carton	20 to 25	
		8 tomatoes	1 lb.	
	Vine/hothouse/beefsteak	Bushel	53	
		Carton	25	
		Peck (8 qt. basket)	12 to 15	
Turnips		Bushel or Mesh Bag	50 to 56	
		Peck	12 to 15	