

# HUNGER ACTION MONTH™



Together We  
Can Solve  
Hunger™

SEPTEMBER 2016

For more details on any event  
listed, please visit  
**foodbankcny.org!**



**Food Bank**  
*of Central New York*

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				<b>1</b> Share this calendar with friends/family and choose at least one thing you can do together	<b>2</b> Organize a brown bag lunch with coworkers and donate your lunch money to Food Bank of Central New York	<b>3</b> Visit the "Shake It Up" booth in the Dairy Bldg. at the NYS Fair and enjoy a Hot Beef Sundae
<b>4</b> Join Excellus with "Take Happy to Heart" campaign. Post your healthy selfie at #HappyPlace	<b>5</b> Celebrate Labor Day by working to help end hunger in our community	<b>6</b> Call us at 315-437-1899 to learn more about volunteering at Food Bank of Central New York	<b>7</b> Invite the Food Bank of Central New York for a presentation at your office	<b>8</b> Hunger Action Day! Wear your ORANGE today and support Food Bank of Central New York	<b>9</b> Visit us at the Tailgate Party in front of the Sheraton University Hotel prior to the SU Football Game	<b>10</b> Support your local farmers by shopping at the farmers' market today
<b>11</b> Celebrate Grandparents Day by donating to Food Bank of Central New York	<b>12</b> Volunteer at a food pantry or soup kitchen	<b>13</b> Follow Food Bank of Central New York on Twitter @foodbankofcny	<b>14</b> Donate a grocery store gift card to Food Bank of Central New York	<b>15</b> Check to see if your employer will match your donation to Food Bank of Central New York	<b>16</b> Tell your co-workers it's "Hunger Action Month". Hold a food drive at your office	<b>17</b> Have your kids draw a picture for Hunger Action Month and display it at your work
<b>18</b> Take the Snap Challenge. Live a day on a food stamp budget. Share it on Facebook	<b>19</b> Call the Food Bank of Central New York at (315) 437-1899 to arrange a tour	<b>20</b> Visit our tent at the Syracuse Downtown Farmers' Market	<b>21</b> Tell us about someone who is working to end hunger in your community	<b>22</b> Celebrate Autumn by picking apples and donating them to your local food pantry	<b>23</b> Organize a Virtual Food Drive on foodbankcny.org	<b>24</b> Visit us at the OCRRA Shred Event at NBT Stadium from 8am-Noon
<b>25</b> Order your very own Food Bank of Central New York t-shirt at foodbankcny.org	<b>26</b> Shop at smile.amazon.com and Amazon will donate .5% back to Food Bank of Central New York	<b>27</b> Consider becoming a sponsor of a fundraising event to benefit Food Bank of Central New York	<b>28</b> Visit foodbankcny.org. Receive Advocacy Alerts and be an advocate for hunger	<b>29</b> Become a monthly donor at foodbankcny.org	<b>30</b> Help your child organize a food drive at their school or in your community	